

# BANDON SCHOOL DISTRICT ACTIVITIES AND ATHLETICS CODE OF CONDUCT

## Philosophy

Bandon School District No. 54 believes that involvement in athletics and other extra-curricular activities can be a very important part of a young person's growth and maturation process. Student-athletes that participate in extra-curricular activities are more likely to attend school and receive higher grades. It is this district's philosophy that participation in such activities is a privilege and not a right or a requirement of attendance. Therefore, in order to retain that privilege, student-athletes are viewed as leaders and representatives of their schools; they are held to a higher standard of academic and behavioral achievement.

The following rules of conduct shall be strictly adhered to by every participant in every activity and sport sanctioned by Bandon School District #54. A director of an activity or a coach of a sport may establish more stringent participation requirements if, before the season begins, those requirements are set down in writing, approved by the athletic director and the building principal, distributed and explained to each participant and signed by each participant in that activity or sport.

## Definitions:

For the purpose of this Code, the Bandon School District defines the following terms:

- Extra-curricular activities: Those that are outside the scope of a course/class and do not earn credits for graduation. They include all sports teams, cheerleading, dance team, and the speech team.
- Calendar days: Monday through Friday when school is in session or when official events or competitions are held. (i.e., Saturday or a day during winter break could be counted if there is an official game or competition on that day.)
- Tobacco: includes, but is not limited to, real or imitation, lighted or unlighted cigarettes, cigars, pipes, bidis, clove cigarettes, and any other smoking product, and spit tobacco, also known as smokeless, dip, chew, and snuff, in any form.
- Alcohol: includes, but is not limited to, real or imitation, beer, wine, wine coolers, and liquor.
- Marijuana: includes, but is not limited to, real or imitation, any part of the marijuana plant or substance derived from marijuana and related paraphernalia.
- Illegal substances: include, but are not limited to, real or imitation, all drugs that cannot be legally purchased, unauthorized prescription and over-the counter medications, performance-enhancing chemicals, and illegal inhalants.
- Illegal drugs: include, but are not limited to, real or imitation, marijuana, cocaine, methamphetamines, heroin, and all drug-related paraphernalia.

## Responsibilities of Membership

1. Each director, coach, and participant shall acknowledge and abide by the philosophy that the most important reason for attending school is the pursuit of an academic education. Furthermore, student-athletes are not required to report for coaching activities until 4 p.m. if they need to seek help or make up work with their teachers, or serve detention.
2. In order to realize the vision and meet the goals of the Bandon Athletic Department, student-athletes agree to not participate in nor be associated with activities that are unlawful or are connected with acts that bring disrespect to the individual, school and/or community.
3. Each director and coach shall emphasize the importance of good sportsmanship both by teaching and by example. While the district acknowledges that the goal of winning in competitive participation is indeed a major objective, to win at any cost with no regard for rules, fair play, or good sportsmanship is not the sole purpose of the program. Each participant shall attempt to practice good sportsmanship at all times, in and out of the playing arena.
4. For athletic teams, training rules shall be established by the coach of each team. Areas of concern should include but not be limited to diet, amount of sleep, and any other behavior that might affect the physical and/or emotional well-being of a participant.
5. Each participant shall maintain a neat appearance in and out of the playing arena, practice good hygiene, and abide by established regulations regarding hair length and facial hair where applicable.

6. Transportation for participants to and from out-of-town contests and activities is provided by the school district. Each participant shall travel with the team or group to all out-of-town contests and activities and shall return with the team or group. This includes all support personnel including but not limited to managers, statisticians, camera people, accompanists, coaches and directors. A participant may leave with a parent or legal guardian after the contest, but only after a written request, dated and signed by that person, is given to the responsible director or coach, and with the coach or director's permission or permission of the athletic director or building principal.
7. Each participant shall meet all the following eligibility requirements:

#### High School Academics and Attendance

- A. Each participant shall meet all applicable OSAA eligibility requirements, including but not limited to those pertaining to age, residence, attendance, academic credits, length of enrollment, and grades.
- B.
  1. At the beginning of each semester, all athletic participants shall be eligible through the first 4.5 weeks of the grading period. After that, a minimum GPA standard of 2.0 shall be required of all student-athletes while participating in extra-curricular activities/athletics.
  2. Student-athletes who fall below a 2.0 and have 1 F on their grades will be under academic probation.
  3. Student-athletes on probation may continue participating if they adhere to an individualized plan requiring extra study time. Student-athletes are to be in the athletic study hall from 3:30pm-4:00pm Monday-Friday.
  4. Student-athletes on Probation will be allowed to compete with their team, provided that they do not receive another F.
  5. A student-athlete on probation shall return to regular eligibility status after the 4.5 week progress report when he/ she meets/exceeds a 2.0 GPA and has no F's.
  6. Student-athletes who receive 2 or more F's will be suspended for the following week's activities (a week runs Sunday-Saturday) until they bring their grades up to all passing. If, in the next week, they do not bring their grades up to passing, they will be suspended for the following week. This pattern will go on as long as they are not passing all of their classes.
  7. Student-athletes on athletic suspension are required to attend the athletic study hall from 3:30pm-4:00pm Monday-Friday until they are off of suspension.
- C. Each participant shall be in attendance at school all day, and each day practices, contests, performances or activities are held unless the absence is a medical absence (Dr.'s note with letterhead required) or the absence is pre-arranged or excused through the athletic director or the building principal prior to being absent. A participant shall be in all classes on Friday (or Thursday if there is no school on Friday) to be eligible to participate in an activity during the weekend unless pre-arranged or excused by the athletic director or the building principal. Coaches are responsible for checking absences before their practices.
- D. Each participant in athletics, cheerleading, or other activity that requires more than nominal physical involvement shall provide a statement from a doctor acknowledging his/her physical fitness to participate in that sport or activity. Physical examinations are required at least once every two years.
- E. Each participant should be covered by medical insurance. Insurance information is available at the school; however, it should be noted that this insurance is not school sponsored, and will not be paid for by the school or managed or purchased through the school. Also, the insurance purchased at school which covers all other sports does not cover football. A special "Football Only" insurance plan is available. Any participant who elects not to purchase insurance at school shall provide a statement from his/her parents or legal guardian that the participant is otherwise covered by insurance. No participant will be allowed to practice or participate in any contest or activity until proof of insurance is verified. An updated insurance statement is required for each activity.

\*Bandon School District does NOT sell, recommend, or receive a commission on ANY student-athlete insurance policy. If you choose Summit America (MEGA Life) for student-athlete coverage, be aware it is a very limited policy. Read your policy carefully, because it may be less coverage than you need or expect. We strongly recommend that you visit with your insurance professional prior to purchasing any coverage for your child. If you have questions, comments, or concerns about this, please let a district official know.

- (A) When a participant chooses to voluntarily quit an activity or a sport after being on the roster, he/she shall immediately communicate that desire to the head coach. If it is mutually agreed by both the participant and the coach that it is in the best interest of the participant and/or program for him/her to quit, he/she shall be immediately dropped from the program. When a participant quits a program, he/she will not be allowed to rejoin it without the approval of both the coach and athletic director.
- (B) If the participant then wishes to join another activity or team that season, he/she may do so only after a conference between the athletic director and both coaches. The decision of the athletic director in such cases will be binding.

Dual sports: If a participant desires to participate in two sports in the same season, he/she may do so only after a conference with the athletic director and both coaches, in which a workable practice schedule and competition schedule has been mutually agreed upon.

### Misconduct

- The coach of a sport/activity shall monitor the affairs of all participants under his/her charge to make certain they abide by all applicable rules and conditions for participation. When a participant is guilty of any misconduct, the principal or athletic director shall have the authority to administer consequences as stated in written policy or, if not specified in writing, to determine and administer reasonable consequences at his/her own discretion. A principal or athletic director may temporarily or permanently exclude a participant from membership in that activity or on that team. Any severe consequences, including exclusion from membership, shall be administered only with the knowledge and approval of the athletic director and principal.
- Any participant who in any way conducts himself/herself in such a manner as to bring discredit to himself/herself, to his/her team or group, or to Bandon School District #54 may be immediately excluded temporarily from the activity or sport by the athletic director. The athletic director shall then communicate as soon as reasonably possible with the building principal for review of the matter pending continuing or additional consequences.
- A participant shall not practice, compete, perform or participate in any manner in his/her activity or sport during any school-related disciplinary (Suspensions or expulsions) period.
- A principal or athletic director may permanently exclude a participant from membership if he/she accumulates three unexcused absences from practices or meetings. One unexcused absence from a scheduled contest, performance or activity may result in dismissal from that activity or sport and shall preclude membership from any other activity or sport for the remainder of that season.
- No participant dismissed from a program may become a member of any other program that season without the written permission of the athletic director. Prior to making such a decision, the AD will meet with both the dismissing coach and the coach of the new program. The decision of the AD in such cases will be final.
- A participant who purposely or continually misuses or abuses school facilities, equipment or property, or who uses them for his/her own personal use without permission, may have the privilege of that use temporarily or permanently withheld as determined by the director, coach, athletic director or the building administrator.

### Drug, Alcohol and Tobacco

Bandon High School believes that student-athlete safety is paramount in building a positive co-curricular program. All student-athletes involved in OSAA sanctioned activities will be tested for illegal substances including amphetamines (including methamphetamines), barbiturates, benzodiazepines, cocaine, THC (marijuana), and opiates. Those student-athletes participating in graded classes such as band, choir, and speech that also compete in OSAA sanctioned activities will be ensured that penalties suffered as a result of a drug violation will not affect their grade for these classes. Refer to the BHS Drug Screening Policy for the details of this program. Any discipline that would occur as a result of a violation of this program is outlined below.

- A. If there is reasonable suspicion that a participant is guilty of the possession or use of real or imitation tobacco products and/or real or imitation alcohol beverages, at the time or place while a member of an activity group or team, the participant shall be immediately excluded by the director or coach for two weeks (14 calendar days), from date of finding; unless there is no competition during that suspension time in which the student-athlete-athlete would be then suspended for the first two contests of the season. During this exclusion, the student-athlete must attend every practice and exhibit excellent work ethic and behavior. The student-athlete will dress in street clothes during home competitions and will not be allowed to travel with the team to away games. If the offense is repeated, the athlete will be excluded from all athletics for the remainder of the school year.
- B. Student-athletes choosing to participate in extra-curricular activities are prohibited from knowingly attending or remaining at events where individuals are engaged in breaking the law by possessing, using, delivering, and/or selling real or imitation alcohol, marijuana, and/or other illegal substances. These events include, but are not limited to, parties and group gatherings. It is the student-athlete's responsibility to immediately remove himself/herself from the party or group gathering as soon as the student-athlete becomes aware that alcohol, marijuana, and/or other illegal substances are being possessed, used, delivered, or sold. The student-athlete athlete is required to self-report the incident to a coach or administrator in person, by telephone, voicemail, text, and/or email within 12 hours of the gathering.
- C. The district recognizes a student-athlete cannot be responsible for the misbehavior of other individuals; however, it is the student-athlete's responsibility to avoid associating with individuals engaging in illegal activities. Student-athletes found guilty of knowingly attending or remaining at such an event will be suspended by the director or coach for two weeks (14 calendar days), from date of finding; unless there is no competition during that suspension time in which

the student-athlete-athlete would be then suspended for the first two contests of the season. During this exclusion, the student-athlete must attend every practice and exhibit excellent work ethic and behavior. The student-athlete will dress in street clothes during home competitions and will not be allowed to travel with the team to away games.

- D. If there is reasonable suspicion that a participant is guilty of the possession, selling, distribution, or use of illegal drugs or substances at any time or place while a member of an activity group or team, the participant shall be subject to consequences outlined in the Drug Policy.

#### Suspensions

Suspensions carry over from season to season and from one school year to the next, including over the summer. Violations are cumulative over the student-athlete's high school career. Every student-athlete entering BHS for the first time will start with a clean record.

- The commission of/or participation in any activity prohibited under Oregon State Law and/or school district regulations regarding student-athlete rights and responsibilities shall be considered a breach of the Athletic Code of Conduct (i.e. Receiving a citation or arrested for a crime or have papers filed in juvenile court based on an offense which if an adult would be deemed a crime) will result in suspension from the activity for the remainder of the season.
- Any participant in an activity or sport who believes he/she has received inappropriate or unfair disciplinary consequences may request a hearing from the building principal within seven calendar days of the incident. The building principal, athletic director, program coach, and one teacher shall make up the hearings committee. A hearing date shall be determined within five calendar days of the disciplinary action. The participant shall be notified as to the date, time and location of the hearing. The participant shall be suspended from participation in the program until the decision of the appeals committee is given.
  - E. The participant shall have the right to have counsel during the hearings proceedings.
  - F. The participant shall have the right to present evidence on his/her own behalf during the hearings proceedings.
  - G. Bandon School District #54 shall have the right to present evidence during the hearing proceedings.
  - H. The participant shall receive in writing the findings and conclusion of the Appeals Committee within five days of the completion of the hearing. The decision shall be final.

#### BHS Policy Regarding Mandatory Practices

1. Practice on weekends and holidays are optional and cannot be mandated (i.e. required or counted as unexcused) under any circumstances;
2. Practice on vacation days (i.e. Winter break, Spring break) may or may not be required, depending upon the coach
3. Practice may be excused for the following reason:
  - Illness/injury
  - School sponsored academic activities
  - Death in the family
  - Pre-arranged family activities/obligations
4. Coaches may allow excused absences other than the above;
5. Coaches may advise their players, but no coach may mandate what an athlete may or may not do on his/her own time; this choice must be left up to the athlete (though all athletes must, of course, abide by laws, school rules and the athletic code);
6. Practice out of season cannot be mandated; such practice includes open gym, summer league, summer camps, and summer practice, etc.;
7. The number of hours an athlete practices per day should be kept to a reasonable limit to leave time for other activities/obligations; a maximum of 2-3 hours a day is a common limit; a maximum of 15 hours per week. (During August daily doubles, this weekly hour maximum does not apply)
8. It is a violation of OSAA rules for alumni to play or practice against the team during official practice time, alumni may volunteer to help coach (provided they are approved by the school district), but they may not practice or play against team members. The idea here is not to eliminate or hinder practice, but to ensure that the athletes remain healthy in mind, spirit and body, by allowing them to have the time and opportunity to learn and also to recreate – REFER TO ATHLETIC CODE PHILSOPOHY, PAGE 1.

#### Director/Coach Responsibilities

- At the beginning of each season or activity, the Code of Conduct will be reviewed and discussed by the director or coach with parents and the student-athletes participating in the activity. The coach or director is responsible for scheduling a parent meeting to discuss this Code of Conduct each season.

#### Student-Athlete Responsibilities

- Student-athletes must read the Code of Conduct prior to participating in the activity. Student-athletes are responsible for asking the director, coach, or a school administrator if they have questions about the content of the Code of Conduct.
- Student-athletes must sign the acknowledgement form and return it to the athletic department.
- Student-athletes are responsible for participation fees. All fees are to be paid prior to the end of the second week of competitions or arrangements made with the athletic director. Otherwise the student-athlete may not participate until the fees have been paid, or arrangements made.

#### Parent or Guardian Responsibilities

- Parents or guardians are responsible for reading the Code of Conduct prior to allowing their son/daughter to participate. Parents or guardians are responsible for asking the director, coach, or a school administrator if they have questions about the content of the Code of Conduct.
- Parents or guardians must sign the acknowledgement form and return it to the athletic department.
- By signing Consent form, you are agreeing that you understand and agree with the terms of the Athletics and Activities Code and Drug Screening Policy and give consent for your student to participate in the drug-screening program.

#### Guidelines for Administration of the Code of Conduct

- Due Process
  - C. A student-athlete will be given the opportunity to respond to allegations that he/she has violated a rule in the code of conduct. When a school administrator has reasonable belief a student-athlete may have violated a rule, the administrator is responsible for investigating the allegations.
  - D. In order to promote and encourage accountability and character maturation, the student-athlete may (under the discretion of the athletic director) have the consequences for violation of the Athletic Code of Conduct reduced based on their honesty, integrity, and cooperation during the investigation. Examples of honesty, integrity and cooperation include:
    1. Immediate ownership of behavior, participation and/or association
    2. Compliance to disciplinary action
    3. Positive attitude and behavior during practice, in contests and in the classroom

- Documentation

School administrators are required to provide notification to the student-athlete and parent/guardian when it has determined that the student-athlete has violated a rule within this code of conduct. The notification will identify the rule that has been violated and the consequences given as a result of the violation. Copies of the notification will be provided to the director or coach of the student-athlete.